



# MENTAL HEALTH *matters*

*Presented by TJR*



## Going **green** for Mental Health at The Gardens of Matter Park.

Radiant Health is pleased to be hosting, once again in 2025, Mental Health Matters a free community event designed with kids and family's wellbeing in mind. Come to enjoy **FREE** food, arts, crafts, the beautiful park, and so many more activities designed to promote the importance of mental health and wellness.

